JumpStart 3-in-1 Workshop

1) The purpose of a resume is ___?
   a) To summarize my life history
   b) To show off all of my accomplishments
   c) To get a job!
   d) To get an interview

2) How’s your handshake?
   a) The Bone Crusher
   b) The Limp, Dead, (possibly clammy) Fish
   c) The Politician
   d) The Close Shaker
   e) Just Right!

3) How do you introduce yourself to a new acquaintance?
   a) Hi, I am [first name].
   b) Hello, what’s your name? Mine’s [first name] and I am ... studying...I’m from ... Hook ‘em Horns!
   c) Hi, my name is [first name, last name].
   d) Hello, I am [mumble, mumble].

4) Where does a name tag go (on my person)?
   a) Left shoulder
   b) In my purse or backpack
   c) Forehead
   d) Right shoulder (why?)

5) What is your elevator pitch or 30-second sound-bite?
   a) What I say when I’m trying to sell an elevator.
   b) What I say when someone asks me about myself.
   c) The answer to that “Tell me about yourself” interview question.
   d) Your prepared summary of who you are and your career goals.

Practice Interview Questions

Tell me about the most difficult challenge you faced in trying to work cooperatively with someone who did not share the same ideas. What was your role in achieving the work objective?

Think of a situation or project in which you had no formal position of authority, yet still assumed a clear leadership role. Walk me through how you demonstrated leadership.

Give a specific example of a time when you used good judgement and logic in solving a problem.

Describe for me the steps you take when you are working on a project or assignment and you encounter a challenge/problem/obstacle.

Thinking back on a prior job experience or education experience and tell us about a decision you made that you wish you could take back and why.

Who is your real-life hero? Who is your favorite super-hero?
If you could meet any famous person from history, who would it be and why?
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Items from a major company’s Assessment Evaluation Form:

- Analytical Capability
- Interpersonal Effectiveness
- Adaptability
- Communication Skills
- Applied Learning
- Demonstrated Leadership
- Job/Organization/Location Fit
- Technical/Professional Skills
- Other – Commitment to High Standards, Initiating Action, Honesty & Integrity, Drive & Perseverance, etc.

Overall Evaluation

Rating Guide: 1-Excellent, 2-Strong, 3-Acceptable, 4-Unacceptable, 5-Not Assessed

Questions for the career center staff?

Notes: